



# Empower through Care

Webinar with Dr. Allen Power for family, professional caregivers & senior service professionals

Tuesday, April 2, 2019 at 12pm MST

## Adjusting your thinking

and seeing life through a different lens can put decision-making back into the hands of the person receiving care.

During this online training you will gain an understanding of how you can positively impact a person's ability to make decisions about their care.

**Dr. G. Allen Power** is an internist, geriatrician, and clinical associate professor of medicine at the University of Rochester. He is also a Certified Eden Alternative® Educator, a member of the Eden Alternative board of directors and an international educator on transformational models of care for older adults, particularly those living with changing cognitive abilities.

He is the author of two books, *Dementia Beyond Drugs: Changing the Culture of Care* and *Dementia Beyond Disease: Enhancing Well-Being*.

## Participants will learn:

- How stereotyping, being overprotective, and having an “all or nothing” way of thinking can erode a person's right to choose
- How risk can influence empowerment
- Basic communication tips for caregivers and the people they care for
- A 7-step process for negotiating risk

**SIGN UP** for this webinar  
April 2, 2019 at 12pm MST

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