

Healthy Driven Lunch & Learn Programs

Bring your lunch, enjoy a complimentary beverage gift card and hear from Edward-Elmhurst Health physicians & staff

Lunch and Learn: Getting the Most of My Chart - Edward

Thursday, January 24, 2019Noon – 1:00 pmEdward Hospital, Naperville, Heart Hospital Conference Room

MyChart Healthy Driven Edward-Elmhurst HEALTH

MyChart is a secure and confidential way to access your personalized health record online – helping you to take charge of your health. MyChart is available to all Edward-Elmhurst Health and its affiliates' patients. Come and learn about all the ways it can simplify your life. Christine Sherry and Renee Ithal, Information Services Application Analysts with Edward-Elmhurst Health, will walk you through navigation of MyChart and expand your understanding of all that it can do.

Lunch & Learn: When should you see a Urogynecologist?



Thursday, February 7, 2019Noon – 1:00 pmElmhurst Hospital, Elmhurst, Arboretum Conference Center

Aging, childbirth, genetics or even a physically demanding job can be tough on a woman's body. Approximately one in three women will experience urinary incontinence, fecal incontinence or other pelvic floor disorders. While these conditions are common, you don't have to live with them – they are treatable. To learn more about pelvic floor disorders and treatments available to improve or put an end to these problems, join Roberta Blandon, MD, urogynecologist with Illinois Urogynecology Ltd., and on staff at Elmhurst and Edward Hospitals.

Lunch and Learn: Getting the Most of My Chart - Elmhurst Thursday, March 7, 2019 Noon – 1:00 pm Elmhurst Hospital, Elmhurst, Arboretum Conference Center



MyChart is a secure and confidential way to access your personalized health record online – helping you to take charge of your health. MyChart is available to all Edward-Elmhurst Health and its affiliates' patients. Come and learn about all the ways it can simplify your life. Christine Sherry and Renee Ithal, Information Services Application Analysts with Edward-Elmhurst Health, will walk you through navigation of MyChart and expand your understanding of all that it can do.

> Please RSVP to Class Registration Online: <u>www.EEHealth.org/classes-events</u> Phone: 630-527-6363