

# Home Care Technology Quick Reference Guide & Checklist

Technology decisions can be intimidating. At Homewatch CareGivers®, we believe they don't have to be. This guide provides a practical approach to simplify the process.



## Four Capabilities That Matter

#### **Environmental Awareness**

Motion sensors, temperature monitoring, and light detection work quietly in the background, answering "Is everything normal at home?" without invasive cameras or complex setup.

#### **Staying Connected**

Video calls designed for seniors, call screening that blocks scams, and family communication tools bring people together without creating new frustrations.

#### **Smart Assistance**

Medication reminders, voice controls for lights and temperature, and appointment alerts provide gentle support while AI learns routines without taking over decision-making.

#### **Health Monitoring**

Wearable devices for activity and vital signs, telehealth consultations, and GPS for outdoor independence, provide health insights that inform rather than alarm.

# Making Sense of Your Options

#### **The Reality Check**

Technology marketing promises miracles. Families waste money on devices that gather dust. Meanwhile, truly helpful innovations get overlooked in the noise.

What actually works: Technology that feels natural, addresses real concerns, and adapts as needs change. Homewatch CareGivers Total Care Solutions™ provides a holistic support solution, integrating technology as part of care.

# The Three Questions That Cut Through Marketing Noise

Does this solve a problem we actually have? (A real problem, not one the marketing created)

Will this feel natural after the first week? (Complex systems rarely get adopted)

Can this grow with our changing needs? (Avoid technology dead-ends)



### **The Decision Framework**

Start Here: What Keeps You Up at Night?

"What if something happens and no one knows?"

Focus on environmental sensors and emergency communication first

"I worry about them being isolated and alone"

Prioritize communication platforms and family connection tools

"Managing medications and appointments is getting overwhelming"

Look for smart reminders and health management systems

"They want independence, but I need peace of mind"

Consider GPS tracking and gentle monitoring solutions

#### The "Assess, Test, Adopt" Approach

#### Assess (1 week)

- → Identify your top concern from above
- Evaluate current technology comfort level honestly
- Determine who needs to be connected (family, caregivers)

#### Test (2-4 weeks)

- Start with ONE solution that addresses your biggest worry
- Insist on trial periods before committing
- Involve the person who'll use it daily in testing

#### Adopt (ongoing)

- → Add complementary technologies slowly
- + Focus on integration rather than accumulation
- + Regular family check-ins on what's working



# Red Flags That Save Money and Frustration

- Complex systems that require daily management or disrupt established routines
- → No trial period available
- Poor customer support when questions or problems arise
- + Technologies that isolate users rather than connecting them



# Real Solutions and Next Steps

#### **Technology That Actually Gets Used**

#### Simple Video Calling

Senior home care technology platforms offer large screens, one-button operation, and reliable connections rather than requiring adaptation of consumer apps.

#### **Environmental Monitoring Without Cameras**

Systems that track motion patterns, temperature changes, and air quality alerts provide family wellness information while protecting privacy.

#### **Call Protection That Works**

Advanced screening automatically blocks robocalls and scams while ensuring important calls get through, reducing stress for everyone.

#### **Voice-Activated Home Controls**

Simple voice commands like "Turn on the lights" or "Set temperature to 72" eliminate the need for smartphone apps or complex programming.

#### **When Multiple Concerns Point to One Solution**

Many families discover they have overlapping needs: communication AND emergency awareness AND medication reminders. Rather than learning multiple systems, Homewatch Connect $^{\text{TM}}$  addresses these specific, related concerns through one integrated approach.

#### What it focuses on:

- Environmental awareness (motion, temperature, sound) without cameras
- Communication that connects while protecting from scams
- Scheduled reminders for medications and appointments
- Virtual care visits when appropriate
- Family coordination without complexity

#### Why this integration works:

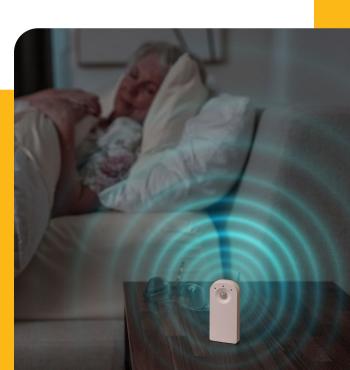
- → Addresses related concerns that often overlap
- Uses familiar TV interface instead of new devices
- + Professional setup eliminates technical frustration
- Designed specifically for the challenges families actually face

### **Your Next Move**

If you're checking multiple concern boxes: Consider a Homewatch Connect consultation to see how one integrated solution addresses your family's specific combination of needs.

**If you're just starting:** Pick one concern, find one solution, test it thoroughly.

**If current solutions aren't working:** Don't just add more technology. Evaluate what you have and why it's not meeting your needs.





### Get Personalized Guidance

See how integrated home care technology addresses your specific concerns without complexity. Professional evaluation, setup, and ongoing support included.

#### **During consultations:**

- Review your specific concerns and preferences
- See technology demonstrations without sales pressure
- Understand how solutions work together (or work independently)
- → Get implementation support to help adoption

### Learn more about Homewatch CareGivers Total Care Solutions™:

https://www.homewatchcaregivers.com/homewatch-caregivers-total-care-solutions/



#### Find your local office:

https://www.homewatchcaregivers.com/locations/



#### Call our national line:

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