## **TRIAD**

Supporting Lockport and Local Communities.

**Mission and Information:** 

TRIAD works to improve the quality of life for seniors by providing an opportunity for the exchange of information between; residents, Law Enforcement, and the Lockport Township Community.

 Monthly meetings located at the Lockport Township Supervisors Community Room 1463 S. Farrell Rd. Lockport, IL 60441

Registration is Required please call 815/838-2132 x2219 to ensure your seat and breakfast, no later than 5 days from the meeting.



## Upcoming Date:

January 25, 2022 9:00AM

Homewatch Caregivers Home Care Presents

"Aging in Place"

There will be a presentation by Kris Chrzan, Care Manager from Homewatch CareGivers Home Care, to help you learn how to develop a plan to stay in your home as you age, or "age in place".

According to the AARP and National Conference of State Legislatures, as many as 90% of people over the age of 65 want to live in their current home as long as possible. Housing, Safety, Finances, Healthcare, Transportation, and Entertainment are key considerations when planning for aging in place.

Come learn about how to start planning for you or your family to age in place and all the amazing resources our community offers to support this important part of your life.

Zoom:

https://us02web.zoom.us/j/8032242094?pwd=UHBCV2hLZVI0ZkkzSjg0OEI wVzhuQT09

Meeting ID: 803 224 2094 Passcode: 4Z4abP

Free Breakfast will be provided by the Lockport Township Supervisors office, and catered by Honey Fields. Please advise if you have any food allergies when you register.

**COVID-19:** Masks will be required and all seating will be 6 Feet apart. We ask that everyone to please still exercise social distancing. Hand sanitizer will be available.