

CEU Presentation

May 19th 2022

Garden Plaza of Valley View

5pm - 6:15pm

Homewatch CareGivers, Ahrens DeAngel Law Group and Garden Plaza of Valley View present our first in-person CEU diner event, along with virtual attendance!!

Rethinking Mental Health - **Eric Collett**

Despite more pharmaceutical interventions than ever, the number of people battling depression, anxiety, psychosis, eating disorders, sleeping disorders and other mental health challenges has skyrocketed. Fortunately, researchers and practitioners exploring the root causes of these conditions have identified many interventions that are turning the tide. Join Eric Collett, CEO of A Mind For All Seasons, for an exploration of the latest developments in our understanding of mental health disorders.

Key Learning Objectives:

1. Explain the role of diet in mental health challenges.
2. Describe how undiagnosed brain injuries may be driving some mental health disorders and explain how they can be treated.
3. Explain how particular vitamin deficiencies, genetic challenges and chronic inflammation may affect mental health.

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Please RSVP is and let us know if you plan to attend in person, or if you would like to attend virtually. If you want to attend virtually, we will send you a Zoom invitation via email to join the Event.

CEU certificates for 1 CEU credit will be given after the event.

RSVP required

RSVP by emailing:

Nate Benjamin nbenjamin@hwcg.com, Melanie Eames meames@valleyviewret.com, or David Wilson dwilson@adlawgroup.com

Education offered may be sufficient for many license types if licensure requirements are met. It is up to each attendee to determine the appropriateness of a session and whether it will meet the requirements of their license type.

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CareGivers[®]


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